



## **Built Environment Policy, System and Environmental Change Examples in the Columbus Community**

### **Community Development for All People**

- Installed a bike rack to promote active transit to their facility

### **Nationwide Children's Hospital Center for Family Safety and Healing**

- Installed a bike rack to promote active transit to their facility
- Installed a new ramp to make it easier for families with strollers to walk to and access their facility.
- Their playground remains unlocked and open to neighborhood residents at all times.

### **Other Policy, System and Environmental Changes That Support Physical Activity Infrastructure**

- Stairwells are clean and inviting for our staff and clients to use.
- We promote stairwell use through posters.
- We recognize the importance of physically active play for children who are our clients and those living in the surrounding neighborhood. Our playground will remain unlocked at all times and available as a safe place to play for our neighboring families.
- Move bike racks adjacent to the entrance or in a close parking spot to incentivize active transportation to the facility. Use signage to promote walking and biking to the facility.
- Increase the amount of physically active programming specifically for pregnant women and children ages 0-5.
- Evaluate feasibility of moving bike racks closer to the facility entrance.
- We encourage the use of non-motorized commuting to the facility through incentives or challenges.
- We recognize the importance of increasing the availability of safe places for families and young children to be physically active. We will offer to utilize our space to provide an opportunity for families to play and be active together at least (monthly, weekly, etc.)